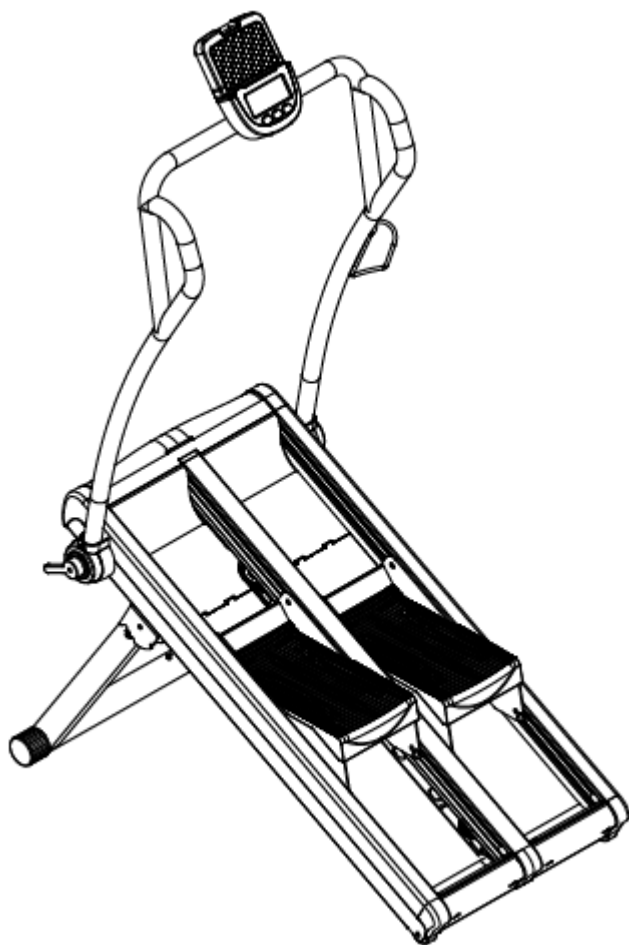




## USER MANUAL – EN

### IN 29048 Fitness stepmill inSPORTline ZenPeak 30



SevenSport s.r.o. reserves the right to make any changes and improvements to its product without prior notice. Visit our website [www.insportline.eu](http://www.insportline.eu) where you will find the latest version of the manual.

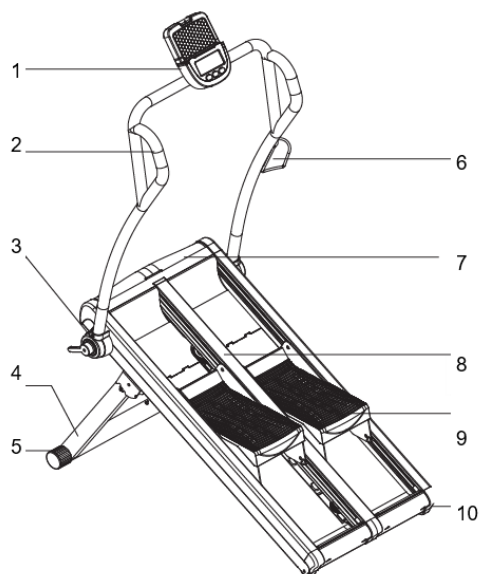
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## SAFETY INSTRUCTIONS

- Read this manual carefully before first use and retain it for future reference. Use the product only according to this manual and for its intended purpose. Do not modify the product in any way.
- **WARNING!** Before maintenance, always unplug the device from electrical outlet to prevent burning or electrocuting yourself.
- Do not use in rooms with high humidity.
- While the product is turned on, pay attention to its operating status to avoid an injury. If the machine is idle, it is recommended to turn off the power and unplug the power cord.
- Keep the stepmill away from children and pets. Never leave them unattended near the device.
- Never use the product if parts of it are worn or damaged. Regularly check all the bolts, nuts and other connecting parts to make sure they are not loose. Damaged or worn parts should be replaced immediately.
- Never use the stepmill if the plug or power cord are damaged. If the power cord doesn't work properly or if it has been exposed to water, stop using it at once and have it repaired or replaced by a qualified technician or the customer service.
- Never insert anything into the open spaces found on the device.
- This product cannot be used outdoors.
- Do not use the product in a room without proper ventilation or with low levels of oxygen.
- Always unplug the power cord after shutting the stepmill off.
- If the power cord or the plug is damaged, contact the service department for repair.
- This product is not intended for people with physical or mental disabilities and unexperienced users (including children), unless they are under qualified supervision.
- Exercise according to the given instructions. Improper exercising may result in an injury.
- For the assembly, prepare a wide area with a flat and clean surface.
- The stepmill can only be placed on a flat, clean and solid surface. Keep a safety clearance of 2 x 1 m behind the device and at least 0.6 m around the rest.
- You should provide regular maintenance and check the stepmill for damage.
- No adjustable part should protrude and limit the user's movements.
- If the first stair is too high for you, use the foot supports to get on.
- Always hold on to the handlebars while getting on/off the device.
- Wear appropriate sports clothes and shoes. Avoid loose clothes so they don't get stuck in the moving parts of the stepmill.
- Step onto the second stair while holding on to the handlebars and use this as a standby position. Don't start exercising before you stand on the stair.
- Always hold the handlebar as a support.
- **Max. user weight:** 135 kg
- **Category:** SC (according to EN957) suitable for commercial and professional use
- **WARNING!** The heart rate frequency monitoring may not be completely accurate. Overexertion during training can lead to a serious injury or even death. If you start to feel faint, stop the exercise immediately.

## PRODUCT DESCRIPTION



1. Console

2. Handles

3. Lever

4. Incline frame

5. Stabilizer leg

6. Bottle holder




7. Front cover

8. Aluminum middle frame

9. Pedals

10. Transport wheels

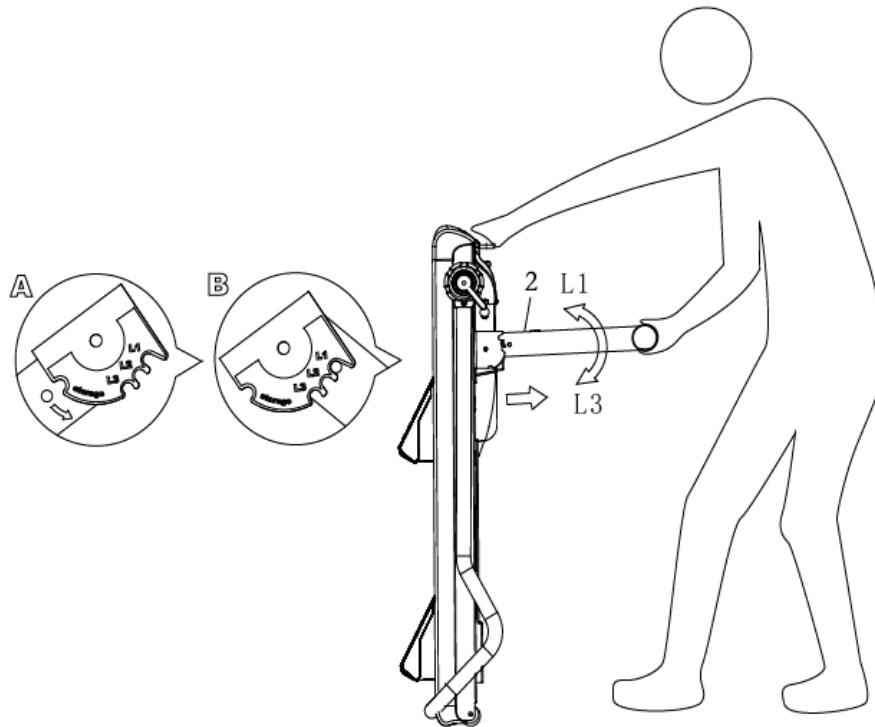
## ACCESSORIES

Pic.	No	Name	Qty
	139	Bottle holder	1
	140	Bolt M5x12 mm	2
	128	Allen key 6 mm	3

## ASSEMBLY

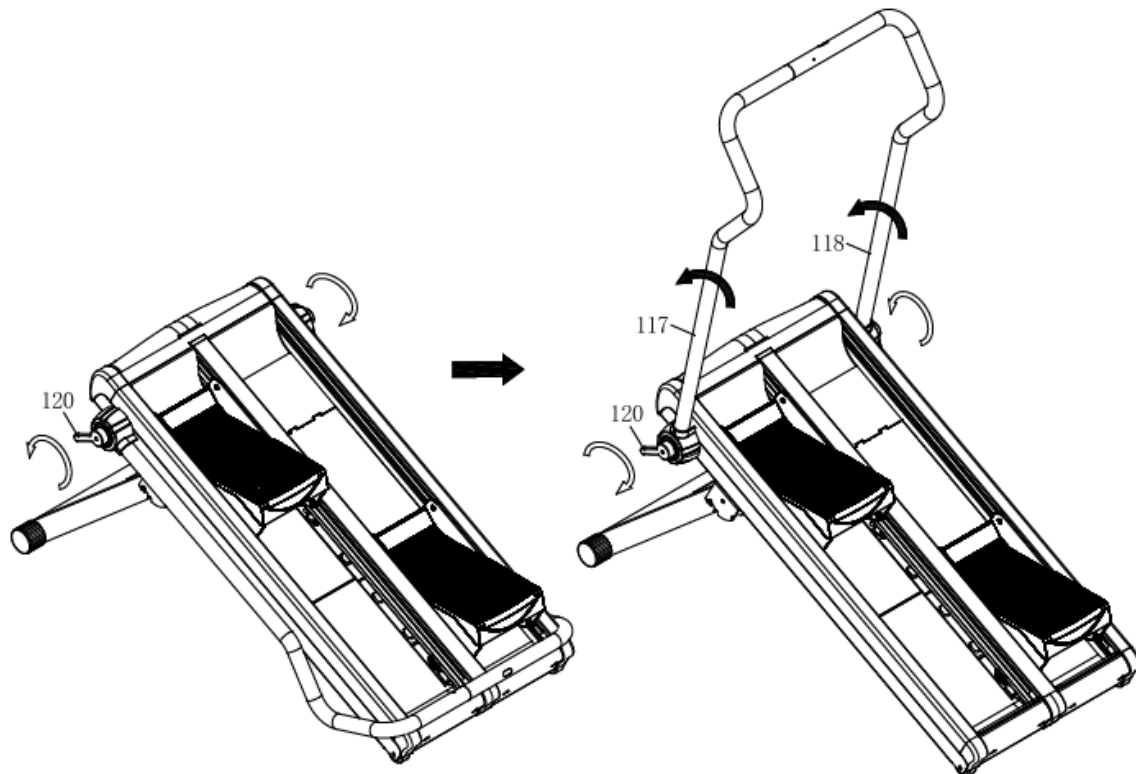
### Step 1

Unpack the stairs from the packaging and unfold the incline frame (2) and lock it into position L1.



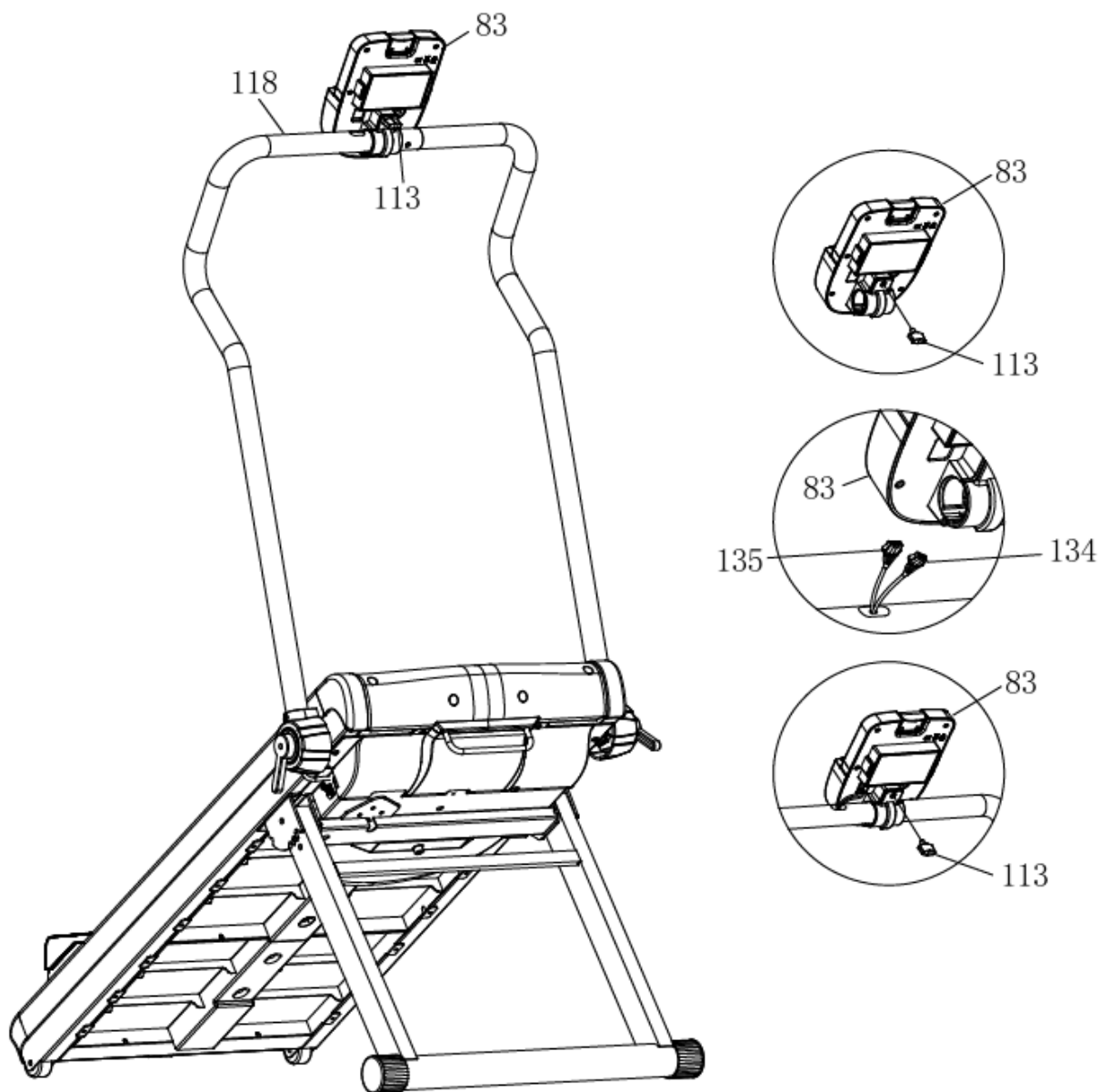
### Step 2

Turn both levers (120) counterclockwise. Then lift the left and right handles (117/118) so that the stops are in the L1 position. Then tighten the levers clockwise.



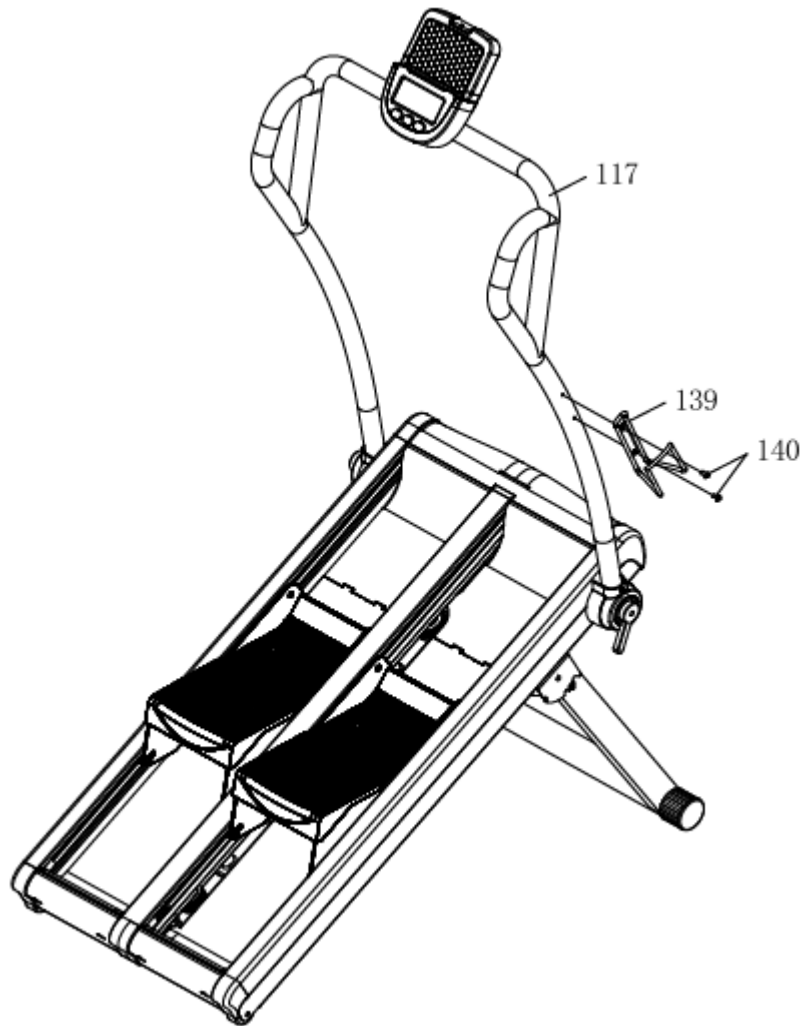
### Step 3

Remove the hand bolt (113) from the console (83). Connect the sensor cable (134) and sensor cable (135) to the console (83). Attach the console (83) to the right handle (118). Adjust the angle of the console to suit your needs.



#### Step 4

Attach the bottle holder (139) to the right side of the handles (117) using 2x bolt (140).



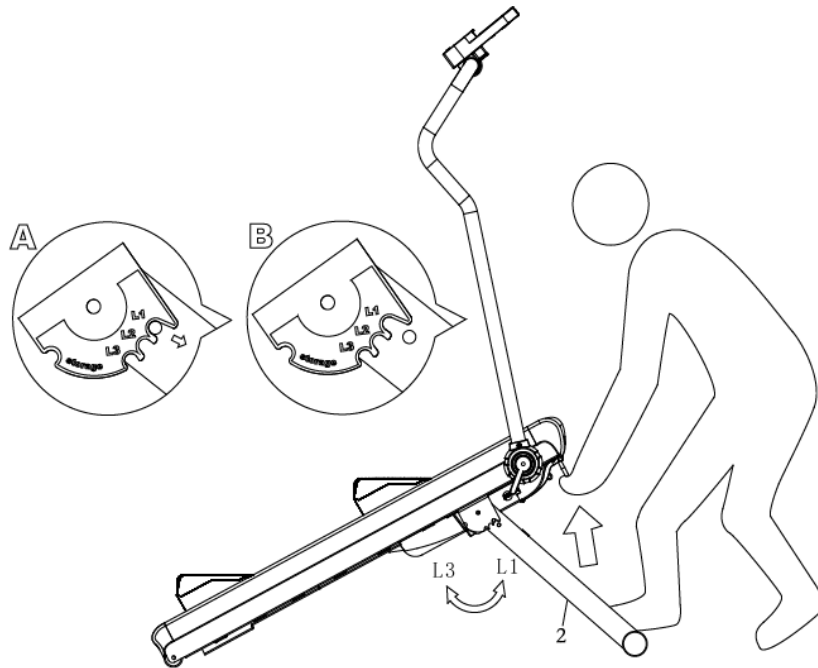
#### TIPS FOR BEGINNERS

Place the stairs on a flat, solid surface, out of direct sunlight. There must be at least 0.6 m of free space around the device.

1. Place one foot on the lower pedal and the other on the upper pedal.
2. Lower the console, adjust the height, grab the handles and start walking.
3. You should not wait until the pedal is at its lowest point when walking.
4. Do not force the pedal. Use your own weight to balance yourself.
5. Always hold on to the handles while walking.

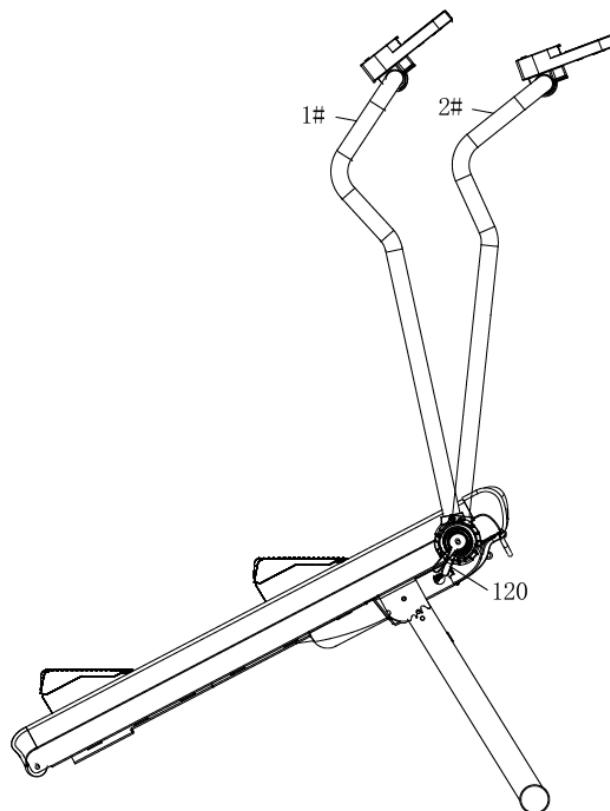
## INCLINE ADJUSTMENT

Press down on the incline frame (2) and lift the structure. Then, if necessary, secure the height with the stops (L1 / L2 / L3).



## HANDLES ADJUSTMENT

To change the position of the handles, loosen the levers (120) on both sides. Then, grasp both handles and select one of the two positions. After adjusting, tighten the levers (120) again.

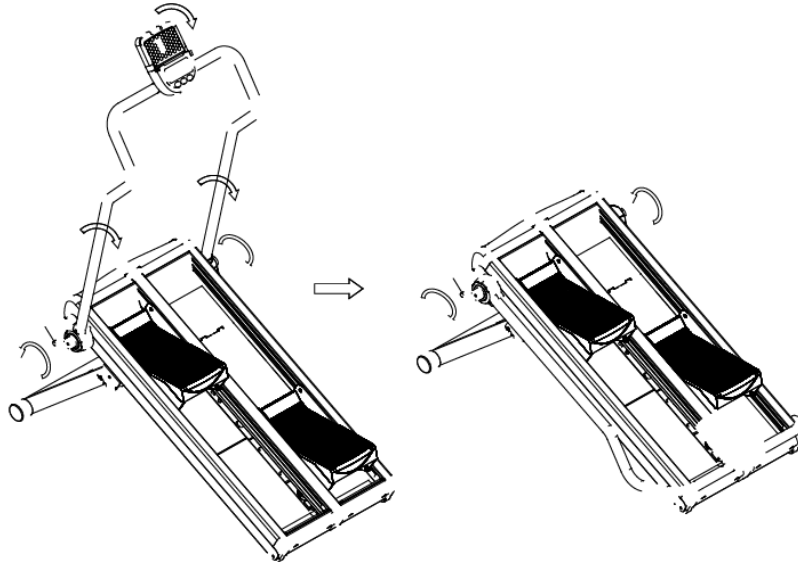


## HANDLES FOLDING

To fold, turn the console in the direction of the arrow.

Then loosen the levers (120) and release the handles (117/118).

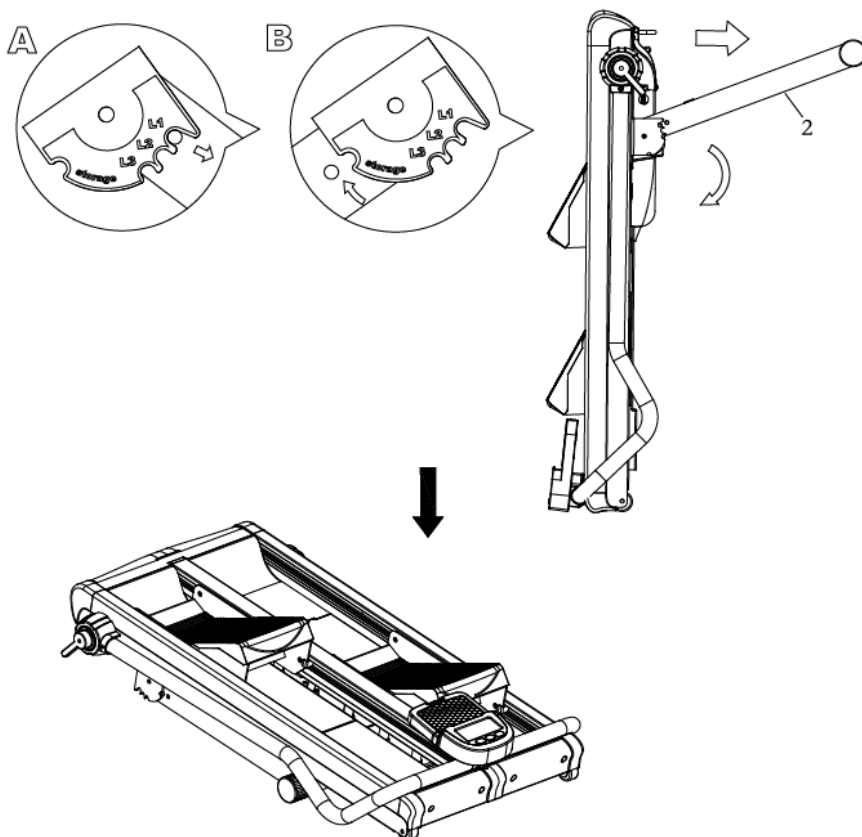
Fold the handles down to the pedal frame and secure the levers.



## INCLINE FRAME FOLDING

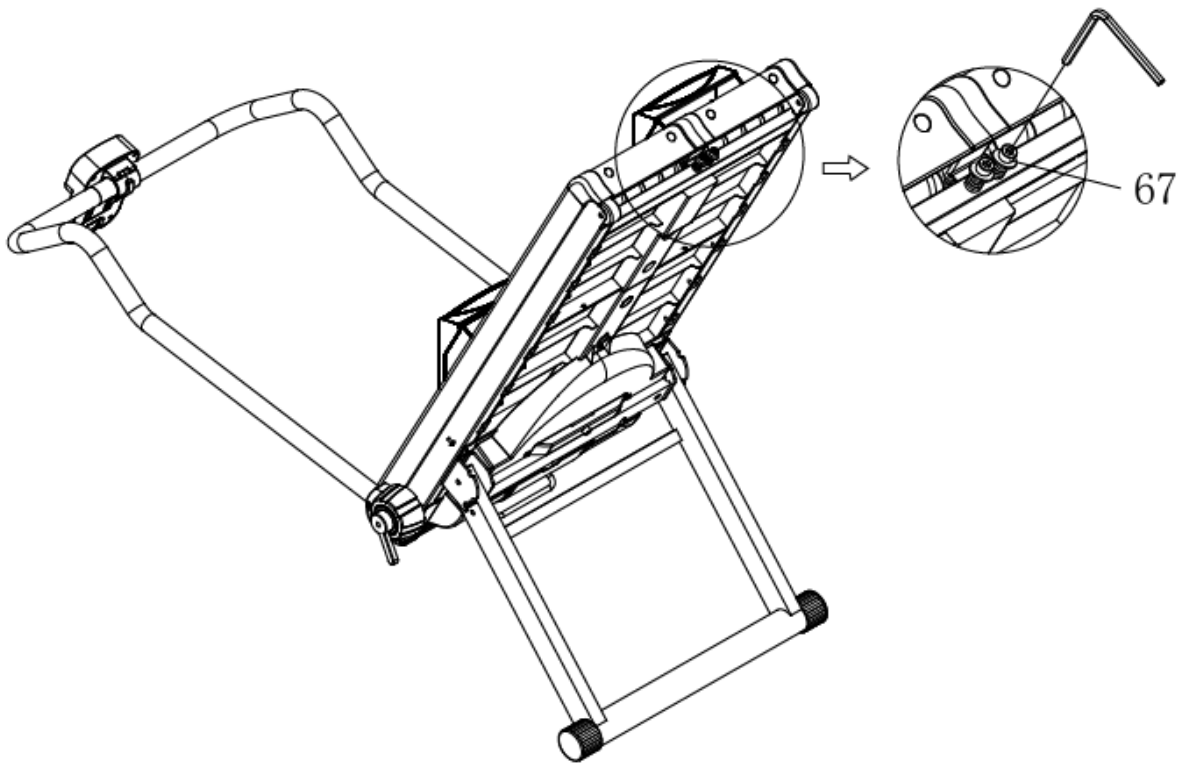
Place the stairs on the back of the frame and release the frame from the incline adjustment stops (A).

Adjust the frame to the last stop of the bracket (B).



## BELT TENSION

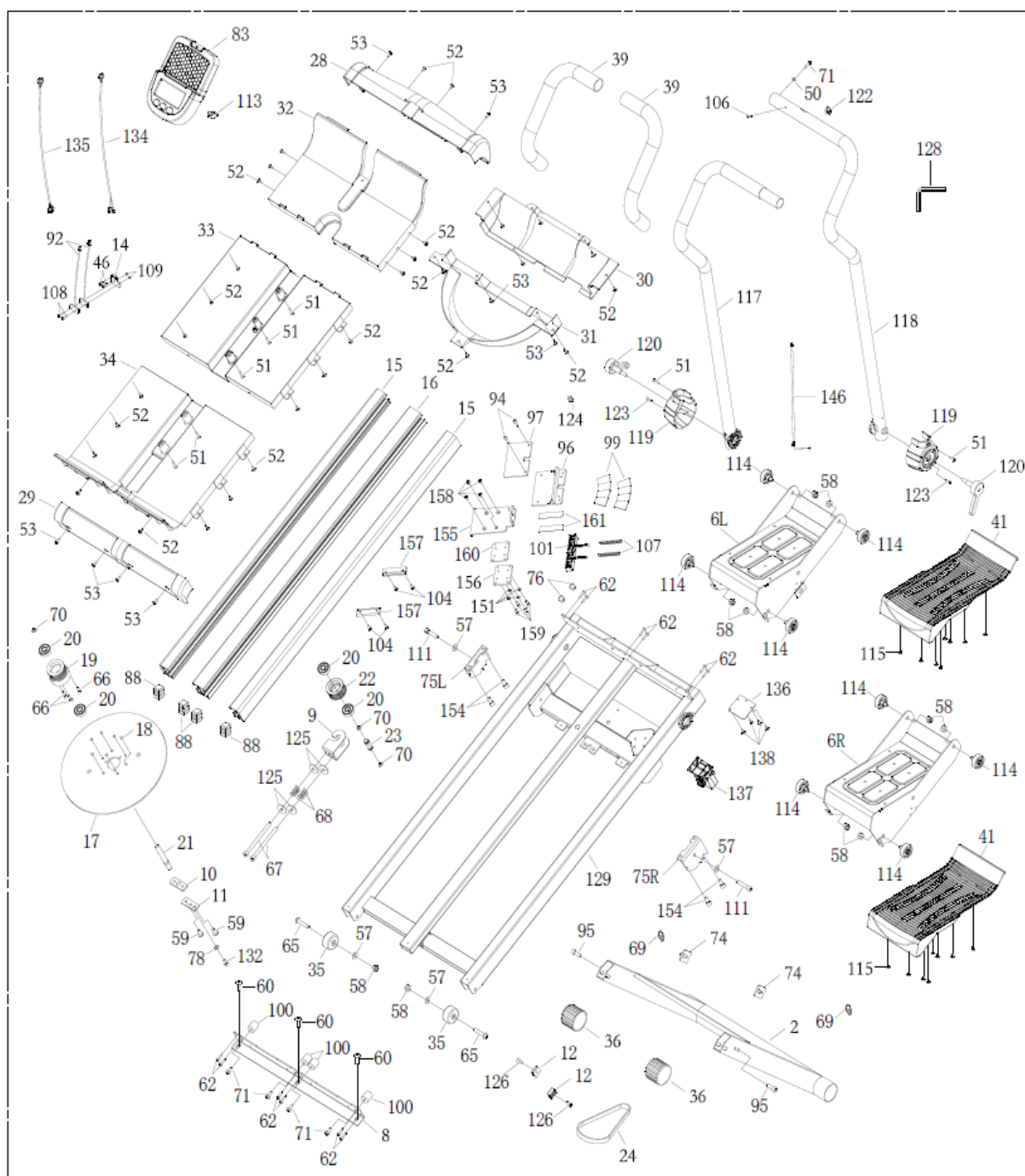
If the belt tension needs to be changed, turn the bolts (67) clockwise or counterclockwise.



## MAINTENANCE

- Clean the device after use. Wipe off the dust with a soft cloth and mild detergent. Do not use aggressive cleaning agents, solvents or brushes. Only clean the surface of the device. Avoid contact with water.
- Check all connections regularly. Be careful if the device makes any unusual noises.
- Regularly clean the space under the device.
- Make sure the device is properly leveled.
- Due to the weight of the device, any movement must be carried out by several people and with the right auxiliary equipment.

# DRAWING



## PARTS LIST

No.	Name	Qty
2	Incline frame	1
6L	Left pedal holder	1
6R	Right pedal holder	1
8	Lower rail holder	1
9	Drive pulley holder	1
10	Upper axle holder	1
11	Lower axle holder	1
12	Belt clip	2
14	Sensor holder	1
15	Side aluminum bar	2
16	Center aluminum rail	1
17	Magnetic control plate	1
18	Round magnet	6
19	Pulley	1
20	Bearing 6201ZZ	4
21	Axle	1
22	Small pulley	1
23	Small pulley axle	1
24	Drive belt	1
28	Front cover	1
29	Rear cover	1
30	Upper rear cover	1
31	Lower rear cover	1
32	Upper frame cover	1
33	Middle frame cover	1
34	Lower frame cover	1
35	Transport wheels	2
36	Stabilizer frame cap	2
39	Foam handles	2
41	Pedals	2
46	Bolt ST4.2x16mm	2
50	Arc washer M6	2
51	Bolt ST4.2x16mm	5
52	Bolt ST4.2x12mm	30
53	Bolt M5x10mm	8

57	Flat washer M8	4
58	Nylon nut M8	10
59	Bolt M8x15mm	2
60	Bolt M8x12mm	3
62	Bolt ST4.2x25mm	12
65	Bolt M8x40mm	2
66	Bolt M5x12mm	3
67	Bolt M8x90mm	2
68	Pressure spring	2
69	Extension spring $\phi$ 1.5	2
70	C ring $\phi$ 12	3
71	Bolt M6x12mm	5
74	Stop pin	2
75L	Left incline Adjustment Bracket	1
75R	Right incline Adjustment Bracket	1
76	Wire plug	2
78	Hexagon nut M6	1
83	Bracket	1
88	Rail damping pad	4
92	Square sensor	1
94	Bolt M5x25mm	2
95	Bolt M8x20mm	2
96	Magnet holder	1
97	Upper magnet holder	1
98	Magnet holder base - delete	1
99	Trapezoidal magnet	8
100	Thread damping pad	4
101	Magnetic control bracket	1
104	Bolt M5x8mm	4
106	Bolt M4x8mm	1
107	Compression spring $\Phi$ 0.9	2
108	Bolt M3x20mm	2
109	Nut M3	2
111	Bolt M8x45mm	2
112	Nut M8	2
113	Console hand bolt	1
114	Roller	8
115	Bolt ST3.0x6mm	16

117	Left handle	1
118	Right handle	1
119	Lever cover	2
120	Lever	2
122	Plug	2
124	Cable plug protector	2
125	Plastic washer	1
126	Bolt M6x16mm	4
128	Allen key 6mm	2
129	Aluminum rail	1
132	Bolt M6x16mm	1
134	Sensor cable	1
135	Motor sensor cable	1
136	Motor bracket	1
137	Motor	1
138	Bolt ST4.2x16mm	4
139	Water bottle holder	1
140	Bolt M5x12mm	2
146	Cable	1
151	Spring Washer M5	4
154	Bolt M8x16	4
155	Magnet Holder	1
156	Magnet Holder Plate	1
157	Plastic Slider	2
158	Bolt M5x8mm	4
159	Bolt M5x10mm	4
160	Adjustable Magnet Base Plate	1
161	PET Washers	2
162	EVA Washer	1

## ENVIRONMENT PROTECTION

After the product lifespan expired or if the possible repairing is uneconomic, dispose it according to the local laws and environmentally friendly in the nearest scrapyards.

By proper disposal you will protect the environment and natural sources. Moreover, you can help protect human health. If you are not sure in correct disposing, ask local authorities to avoid law violation or sanctions.

Don't put the batteries among house waste but hand them in to the recycling place.

## TERMS AND CONDITIONS OF WARRANTY, WARRANTY CLAIMS

### General Conditions of Warranty and Definition of Terms

All Warranty Conditions stated here under determine Warranty Coverage and Warranty Claim Procedure. Conditions of Warranty and Warranty Claims are governed by Act No. 89/2012 Coll. Civil Code, and Act No. 634/1992 Coll., Consumer Protection, as amended, also in cases that are not specified by these Warranty rules.

The seller is SEVEN SPORT s.r.o. with its registered office in Kutnohorská 531, Štěrboholy Retail Park, 109 00, Praha 10, ČR, Company Registration Number: 26847264, registered in the Trade Register at Regional Court in Prague, Section C, Insert No. 116888.

According to valid legal regulations it depends whether the Buyer is the End Customer or not.

“The Buyer who is the End Customer” or simply the “End Customer” is the legal entity that does not conclude and execute the Contract in order to run or promote his own trade or business activities.

“The Buyer who is not the End Customer” is a Businessman that buys Goods or uses services for the purpose of using the Goods or services for his own business activities. The Buyer conforms to the General Purchase Agreement and business conditions.

These Conditions of Warranty and Warranty Claims are an integral part of every Purchase Agreement made between the Seller and the Buyer. All Warranty Conditions are valid and binding, unless otherwise specified in the Purchase Agreement, in the Amendment to this Contract or in another written agreement.

### **Warranty Conditions**

#### **Warranty Period**

The Seller provides the Buyer a 24 months Warranty for Goods Quality, unless otherwise specified in the Certificate of Warranty, Invoice, Bill of Delivery or other documents related to the Goods. The legal warranty period provided to the Consumer is not affected.

By the Warranty for Goods Quality, the Seller guarantees that the delivered Goods shall be, for a certain period of time, suitable for regular or contracted use, and that the Goods shall maintain its regular or contracted features.

#### **Batteries**

6-month battery warranty – we guarantee that battery's nominal capacity does not fall below 70% of its total capacity within 6 months of the product's sale.

#### **The Warranty does not cover defects resulting from (if applicable):**

- User's fault, i.e. product damage caused by unqualified repair work, improper assembly, insufficient insertion of seat post into frame, insufficient tightening of pedals and cranks
- Improper maintenance
- Mechanical damages
- Regular use (e.g. wearing out of rubber and plastic parts, moving mechanisms, joints, wear of brake pads/blocks, chain, tires, cassette/multi wheel etc.)
- Unavoidable event, natural disaster
- Adjustments made by unqualified person
- Improper maintenance, improper placement, damages caused by low or high temperature, water, inappropriate pressure, shocks, intentional changes in design or construction etc.

### **Warranty Claim Procedure**

The Buyer is obliged to check the Goods delivered by the Seller immediately after taking the responsibility for the Goods and its damages, i.e. immediately after its delivery. The Buyer must check the Goods so that he discovers all the defects that can be discovered by such check.

When making a Warranty Claim the Buyer is obliged, on request of the Seller, to prove the purchase and validity of the claim by the Invoice or Bill of Delivery that includes the product's serial number, or eventually by the documents without the serial number. If the Buyer does not prove the validity of the Warranty Claim by these documents, the Seller has the right to reject the Warranty Claim.

If the Buyer gives notice of a defect that is not covered by the Warranty (e.g. in the case that the Warranty Conditions were not fulfilled or in the case of reporting the defect by mistake etc.), the Seller is eligible to require a compensation for all the costs arising from the repair. The cost shall be calculated according to the valid price list of services and transport costs.

If the Seller finds out (by testing) that the product is not damaged, the Warranty Claim is not accepted. The Seller reserves the right to claim a compensation for costs arising from the false Warranty Claim.

In case the Buyer makes a claim about the Goods that is legally covered by the Warranty provided by the Seller, the Seller shall fix the reported defects by means of repair or by the exchange of the damaged part or product for a new one. Based on the agreement of the Buyer, the Seller has the right to exchange the defected Goods for a fully compatible Goods of the same or better technical characteristics. The Seller is entitled to choose the form of the Warranty Claim Procedures described in this paragraph.

The Seller shall settle the Warranty Claim within 30 days after the delivery of the defective Goods, unless a longer period has been agreed upon. The day when the repaired or exchanged Goods is handed over to the Buyer is considered to be the day of the Warranty Claim settlement. When the Seller is not able to settle the Warranty Claim within the agreed period due to the specific nature of the Goods defect, he and the Buyer shall make an agreement about an alternative solution. In case such agreement is not made, the Seller is obliged to provide the Buyer with a financial compensation in the form of a refund.

**CZ**  
**SEVEN SPORT s.r.o.**

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**About shipping**

