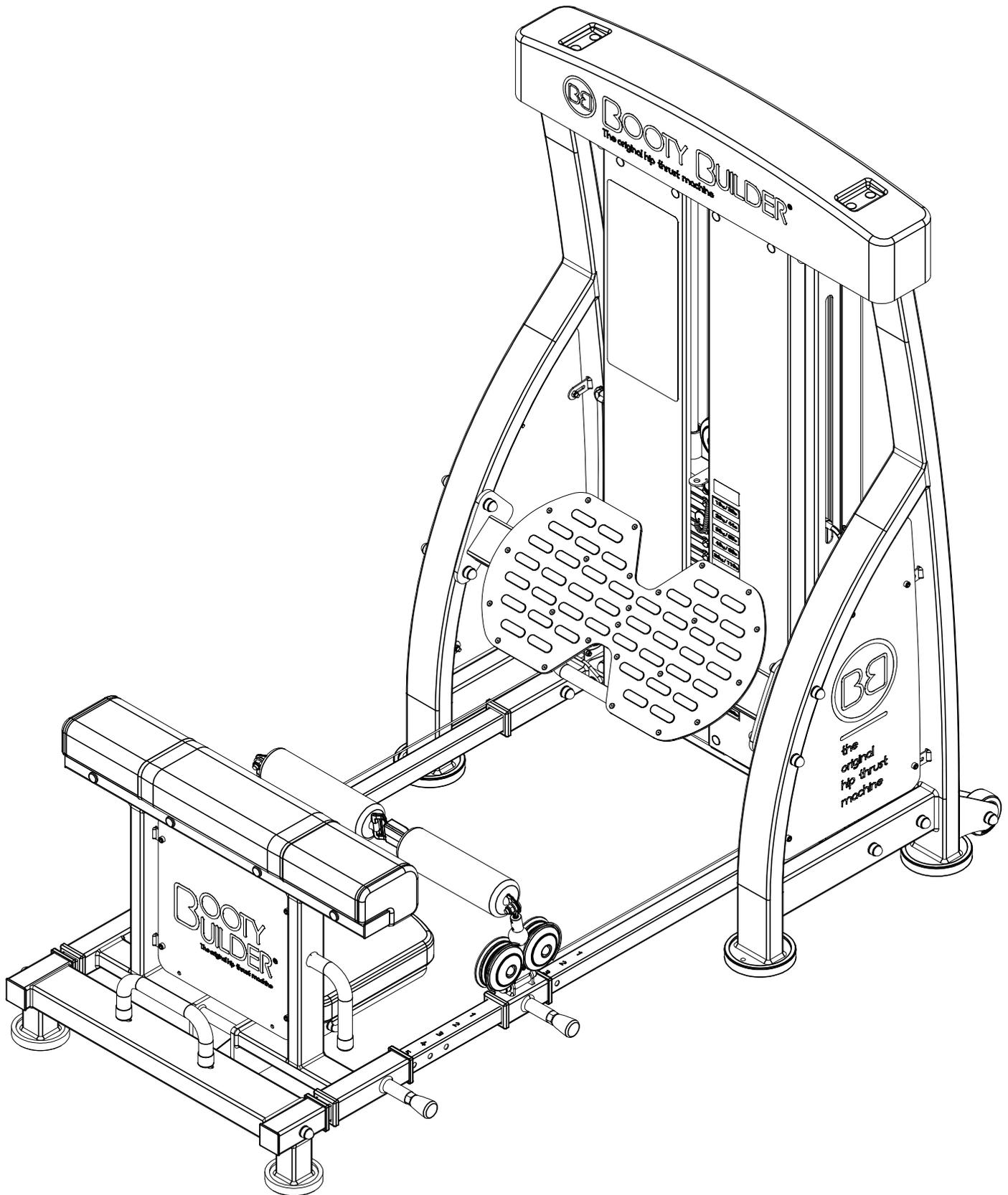




# BOOTY BUILDER<sup>®</sup>

The original hip thrust machine



ASSEMBLY INSTRUCTION

## **BEFORE ASSEMBLY**

- ▶ This must be read before you start assembling this unit.
- ▶ You must follow the assembly instructions exactly as outlined.
- ▶ Assemble this unit starting at the beginning and work to the end.
- ▶ The assembly instructions are set out so that you are only doing one section at a time, therefore you will finish one section and move on to the next.
- ▶ If something is missing when assembling this unit, you must notify us of the part number of the exact nut, bolt or part that is missing.
- ▶ To help you assemble this unit we have used line drawings.
- ▶ Check the line drawings for the exact positioning of the parts.
- ▶ The unit will need to be checked at least once a week for nuts and bolts that can work loose, upholstered pieces working loose and wear on pivot assemblies.

### **TOOLS NEEDED**



COMBINATION  
SPANNERS  
13  
x1



COMBINATION  
SPANNERS  
17  
x1



COMBINATION  
SPANNERS  
19  
x2



IMBUS  
SPANNER  
10 mm  
x1

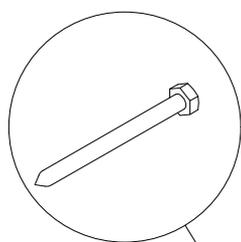


IMBUS  
SPANNER  
6 mm  
x1

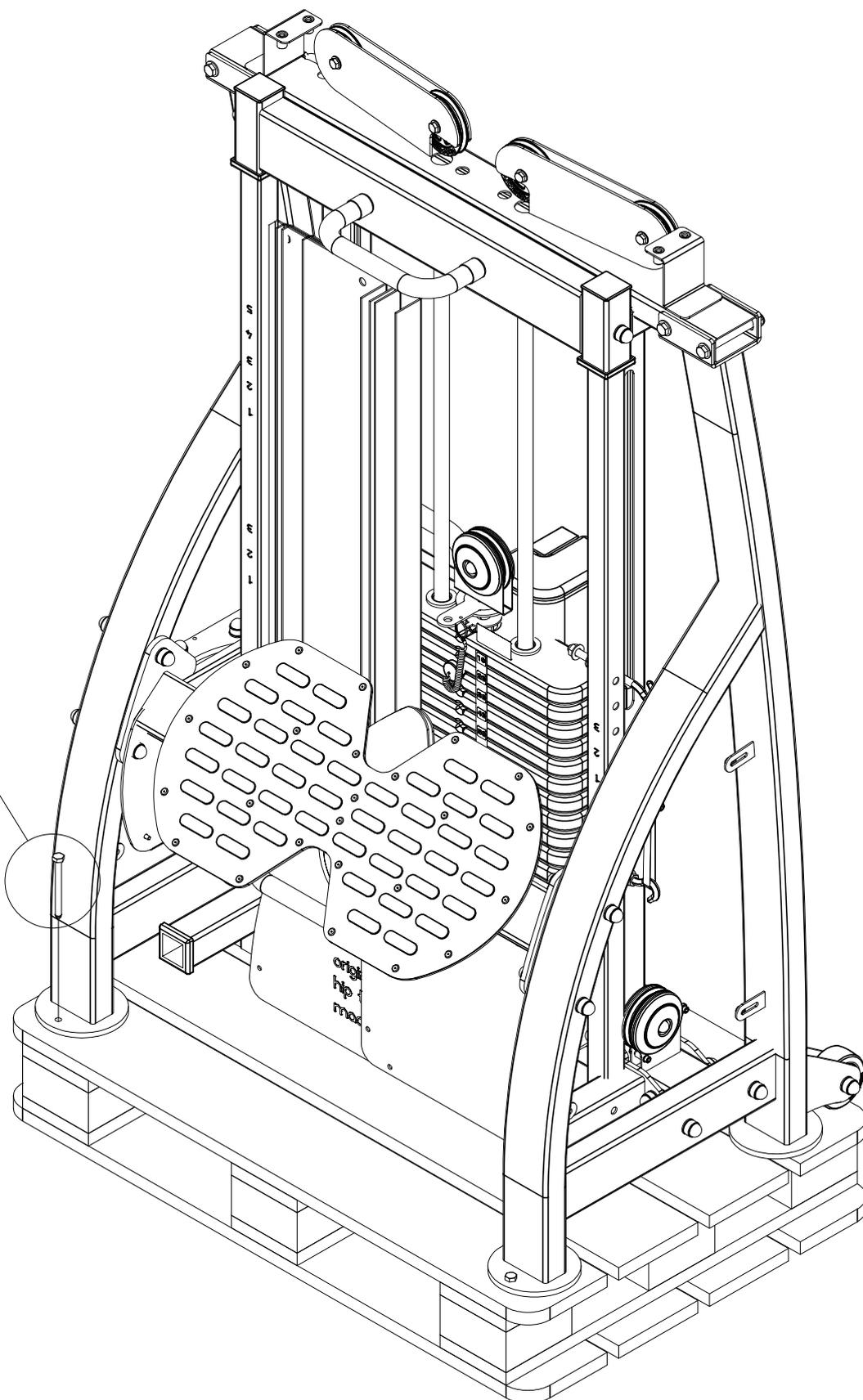


IMBUS  
SPANNER  
5 mm  
x1

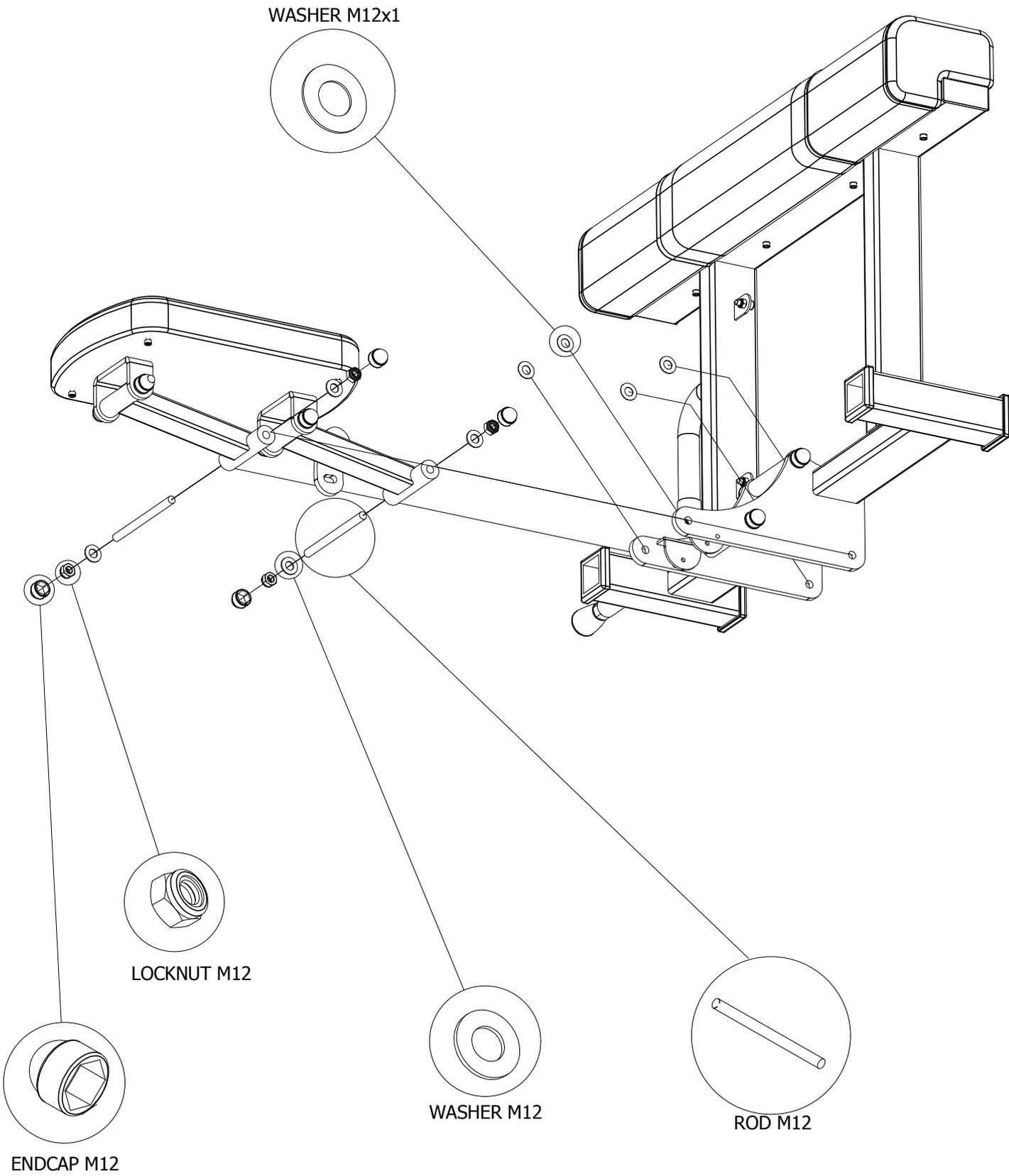
1. Remove from the pallet all the parts except the frame.
2. Unscrew the frame from pallet.



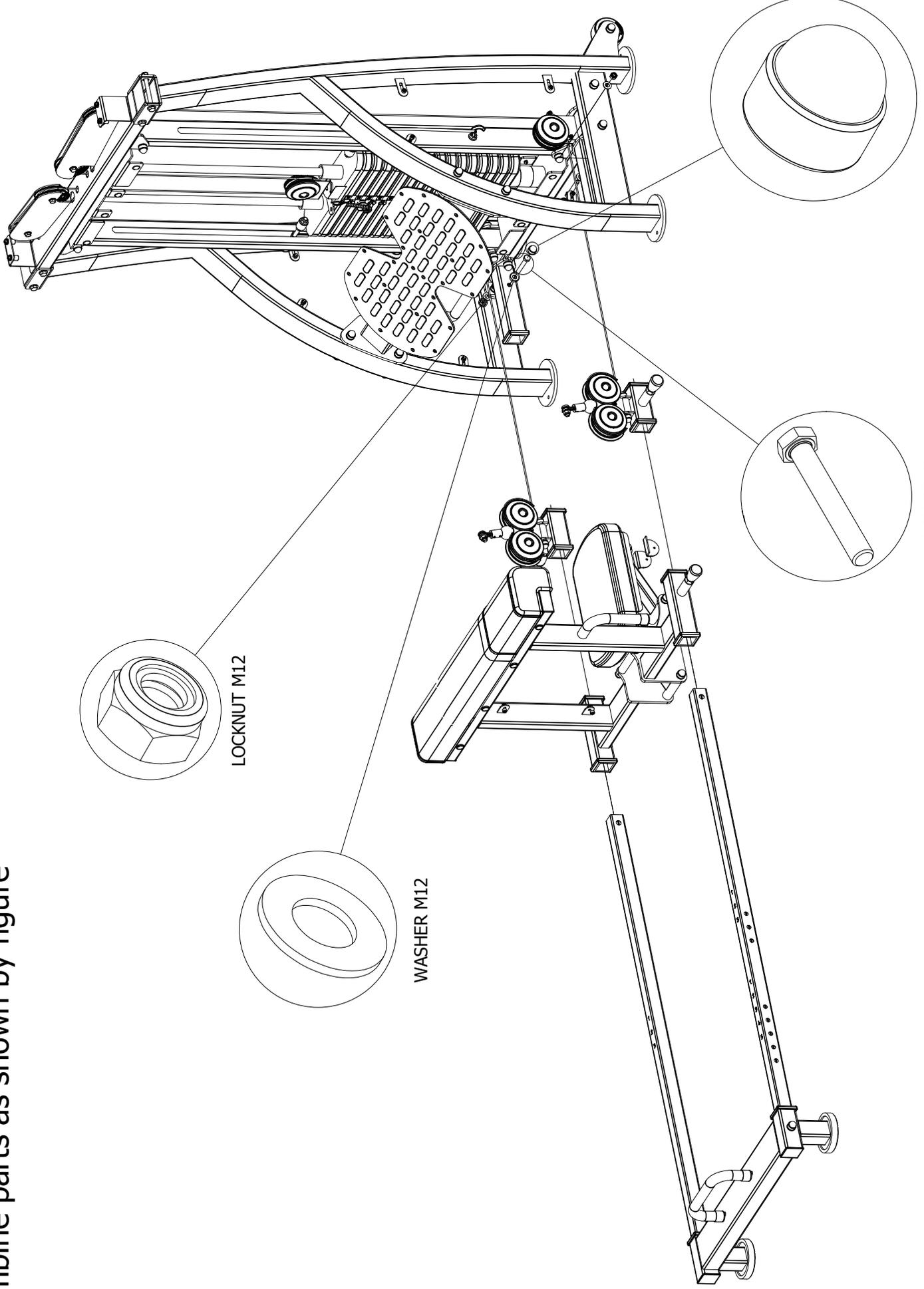
4x  
SCREW  
M10x110



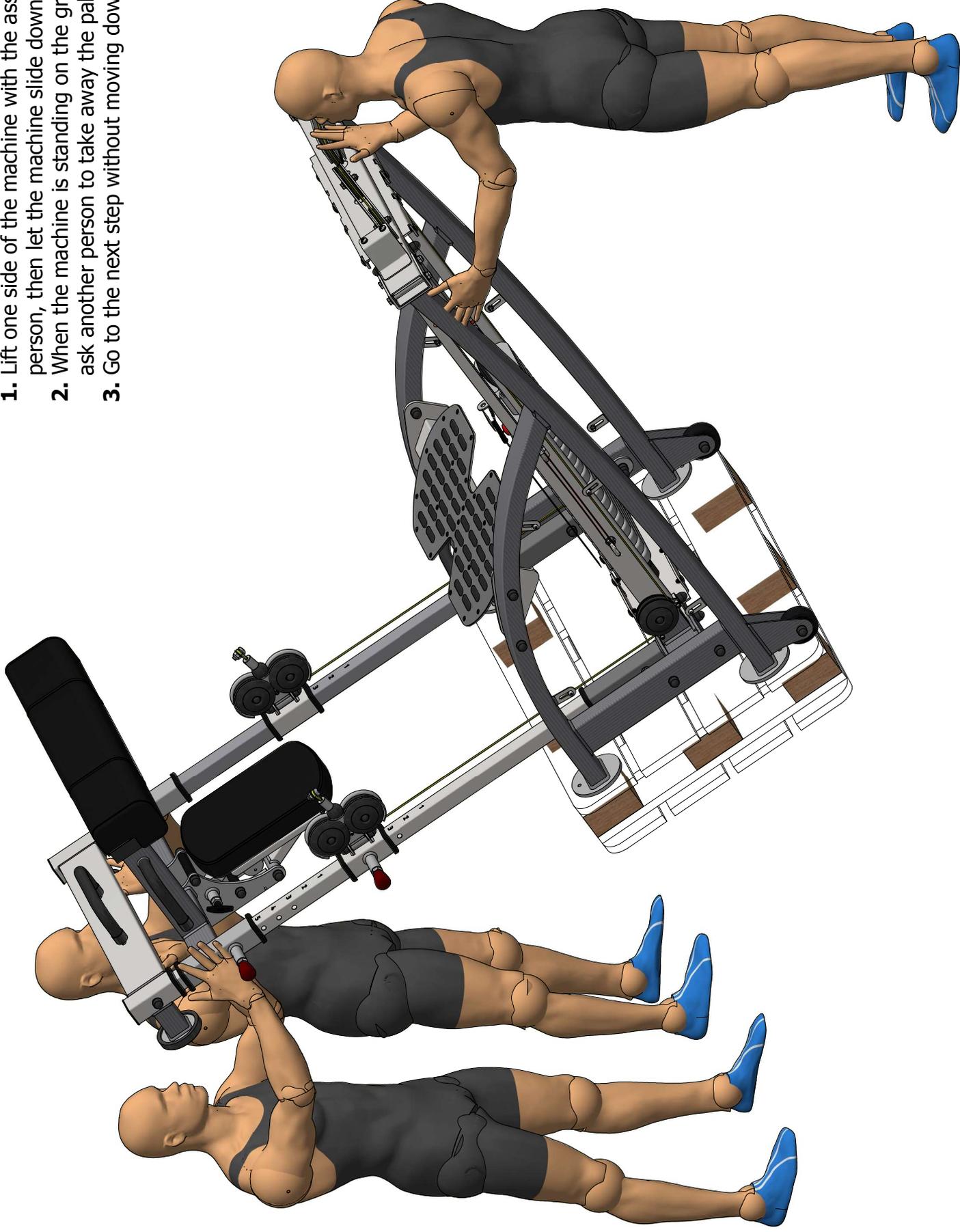
# Screw upholstery to the support



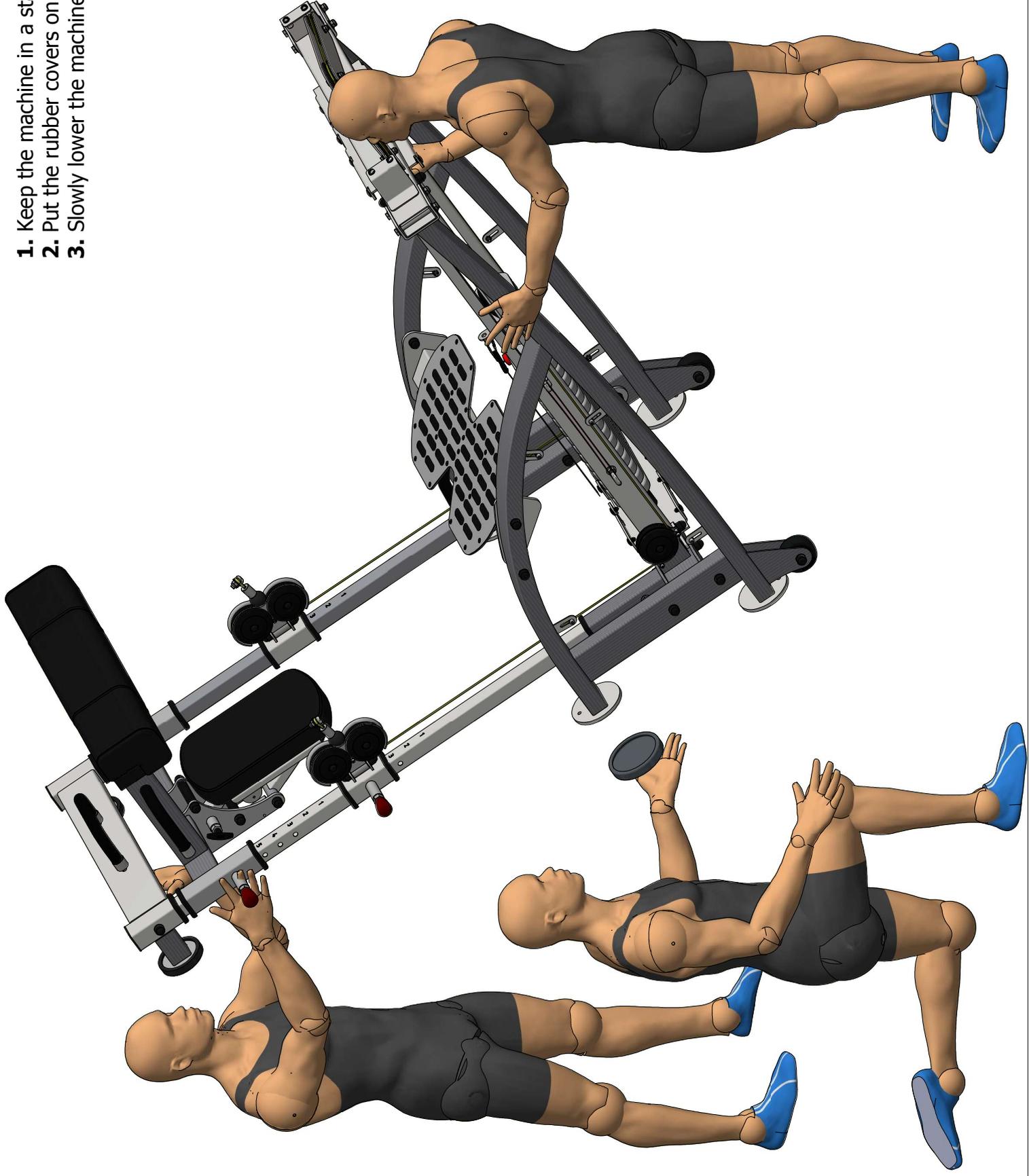
Combine parts as shown by figure



1. Lift one side of the machine with the assistance of another person, then let the machine slide down the pallet.
2. When the machine is standing on the ground, ask another person to take away the pallet.
3. Go to the next step without moving down the machine.



1. Keep the machine in a stable position.
2. Put the rubber covers on the feet.
3. Slowly lower the machine.



**ATTENTION !!!**

Assuming plates make sure that sleeves are at the top

**ATTENTION !!!**

Screw fastening rods are intentionally longer. This ensures proper operation.

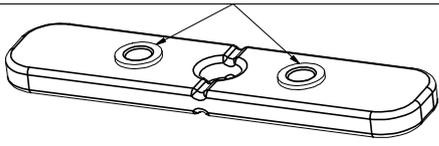
Put the plates as shown.

Remove the rollers

Twist off screws which to clamp the bars.

Ready stack screwed to the frame.

Move rods and put the plates.



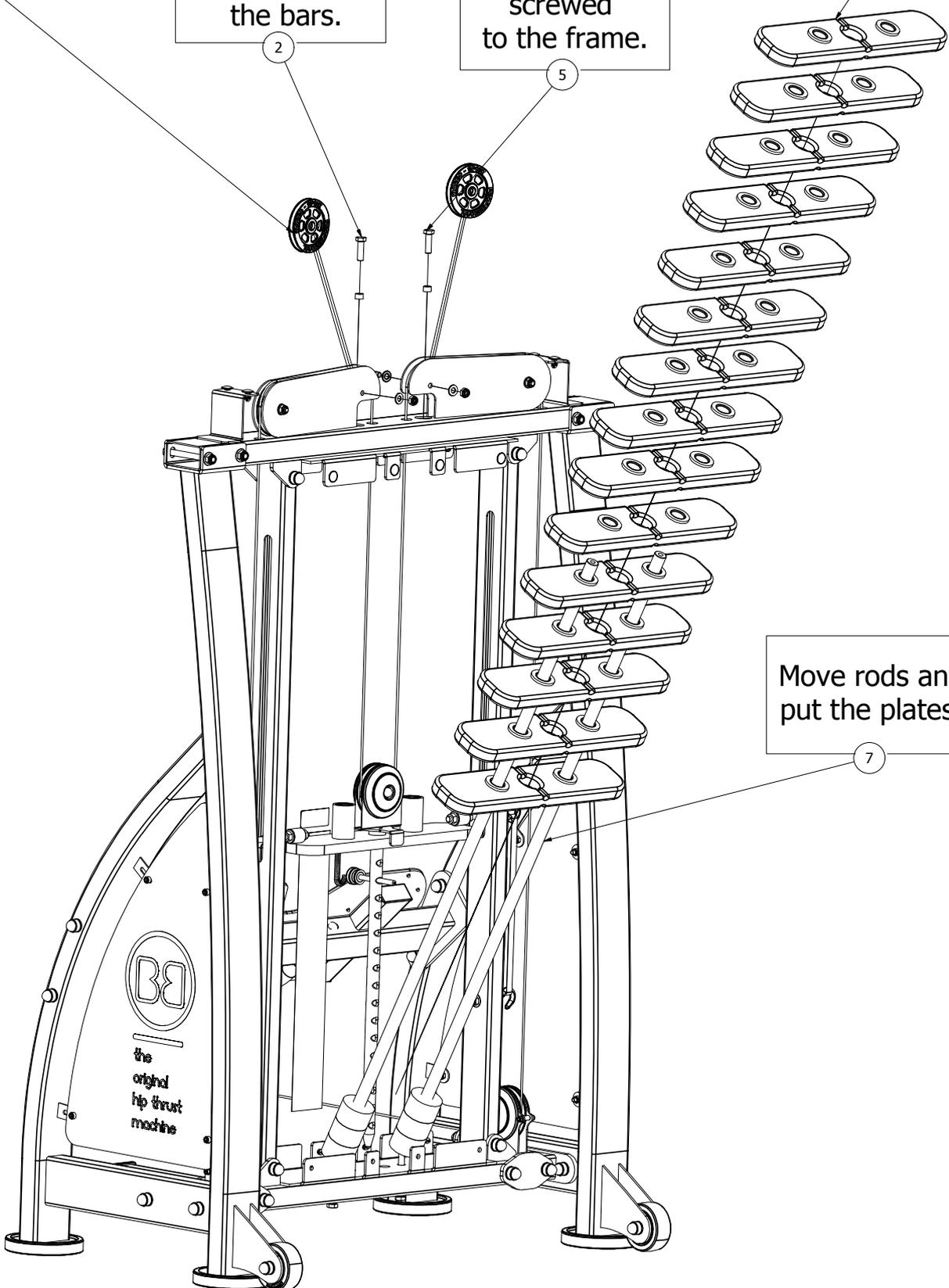
1

2

5

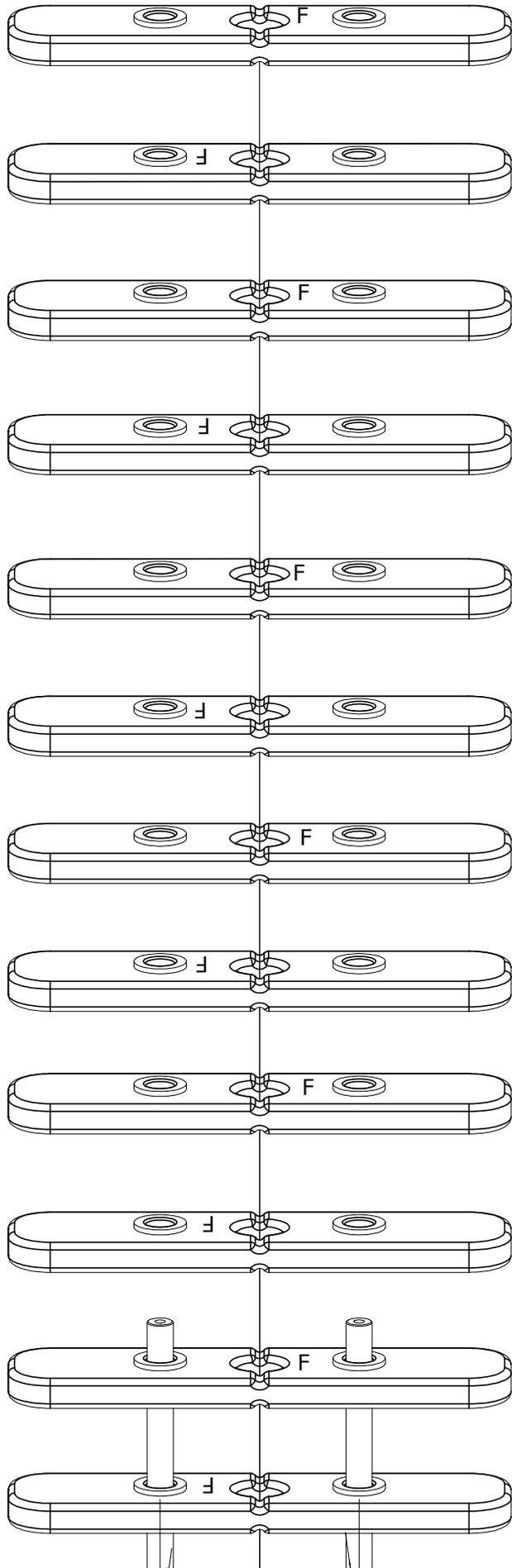
4

7



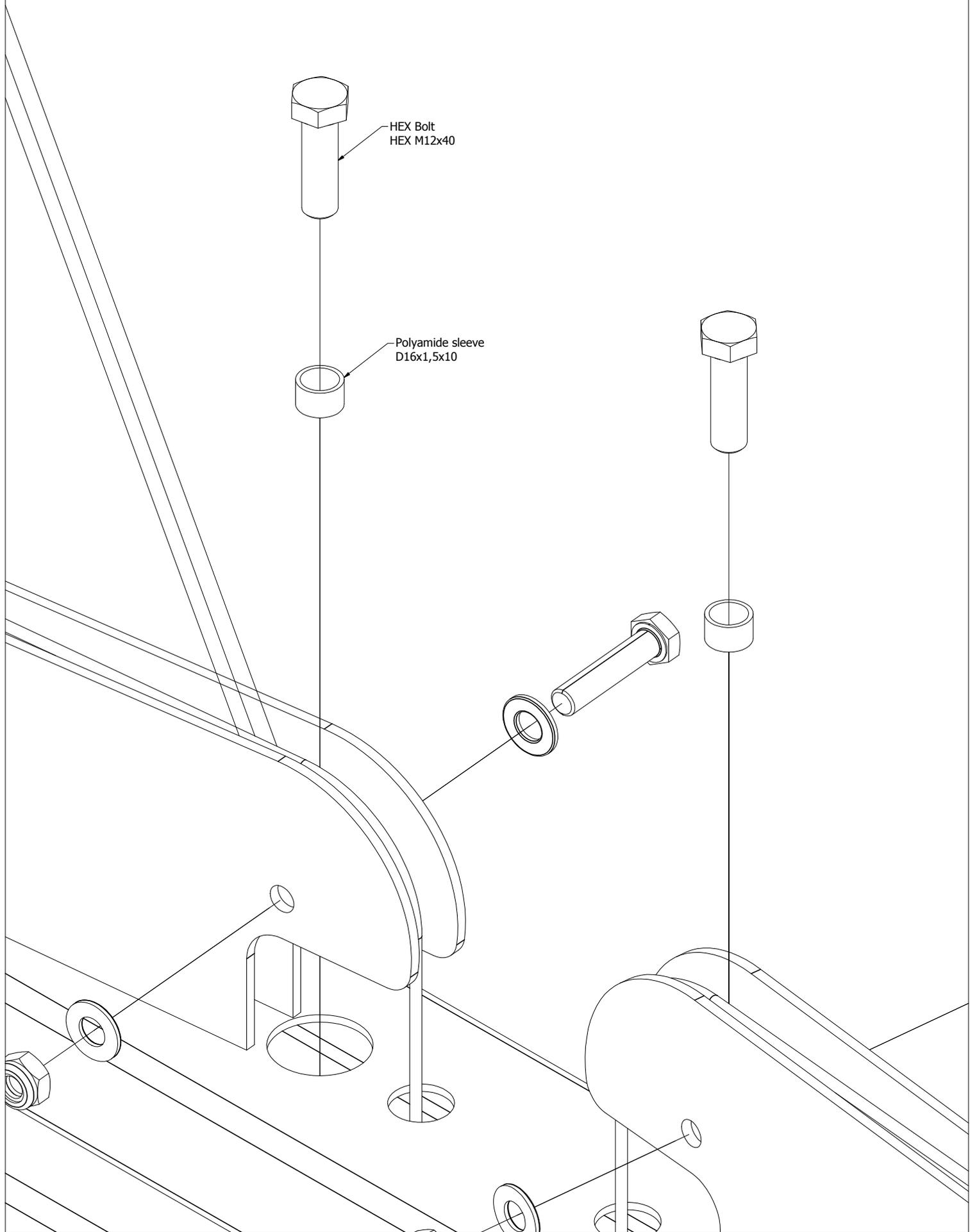
# ATTENTION !

Weights in stack are inserted alternately "F" letter/logo

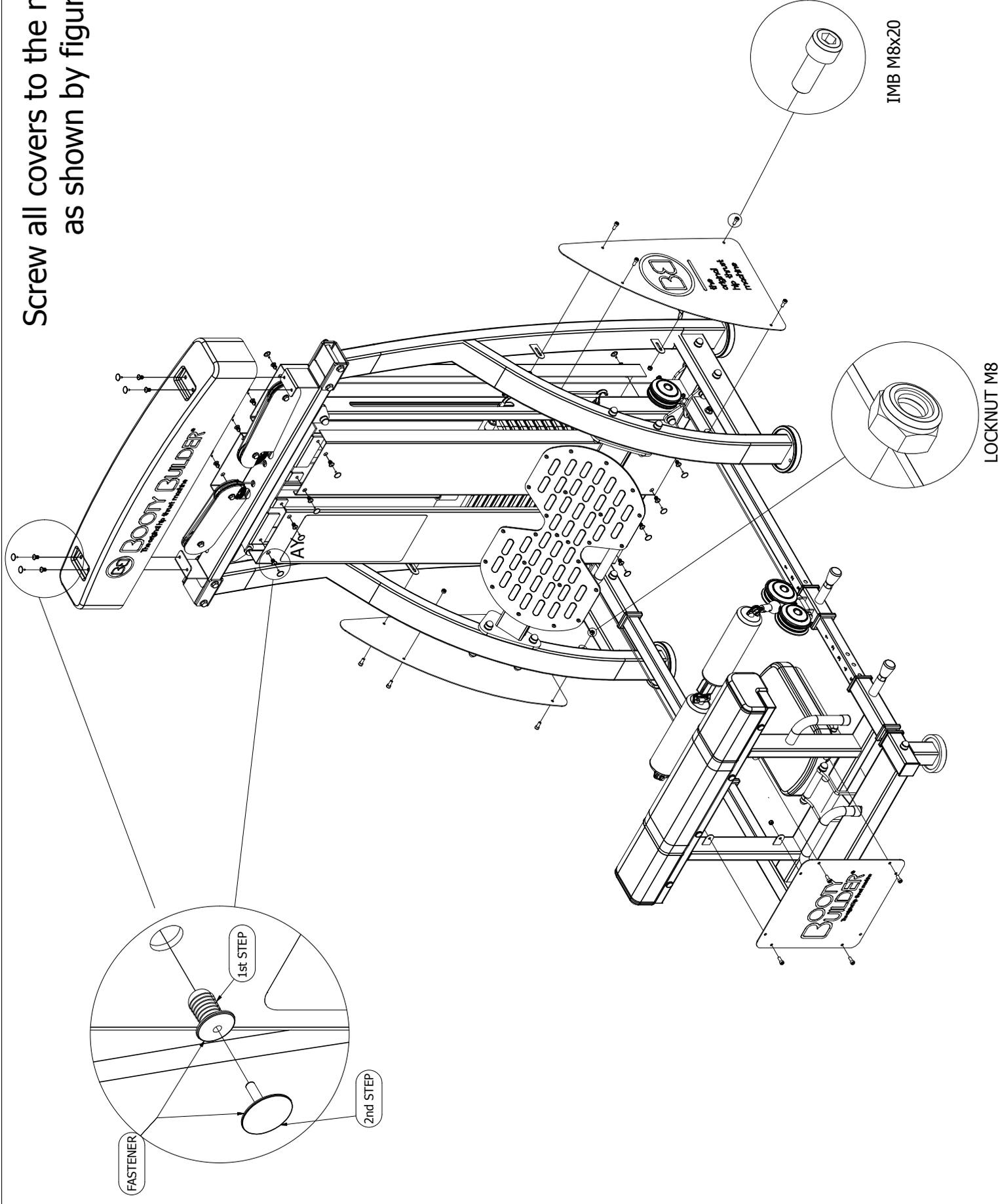


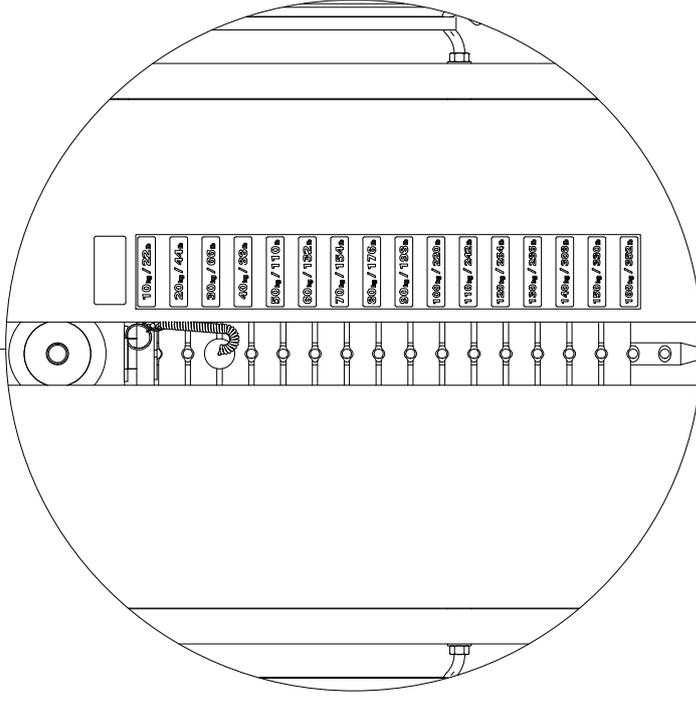
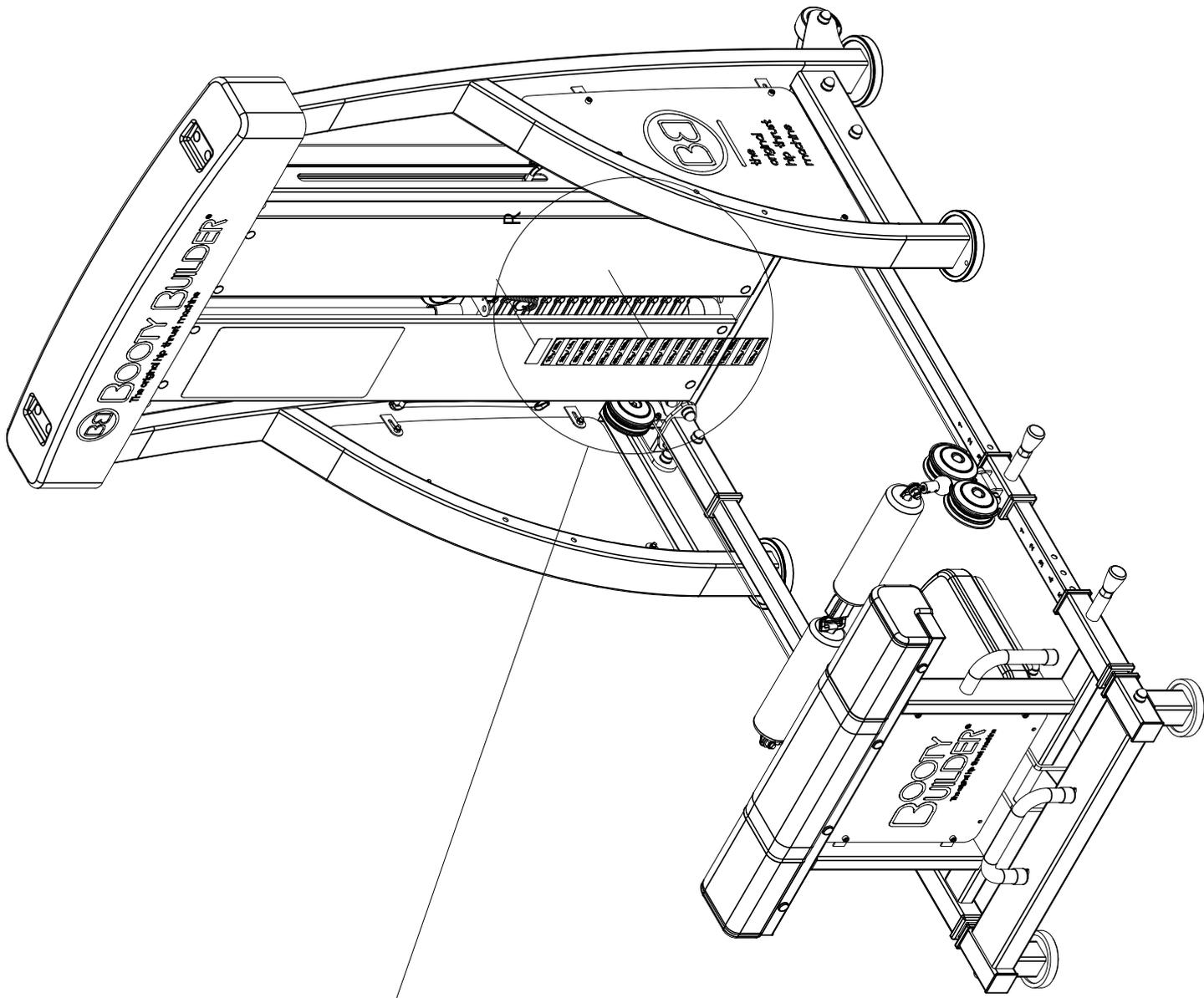
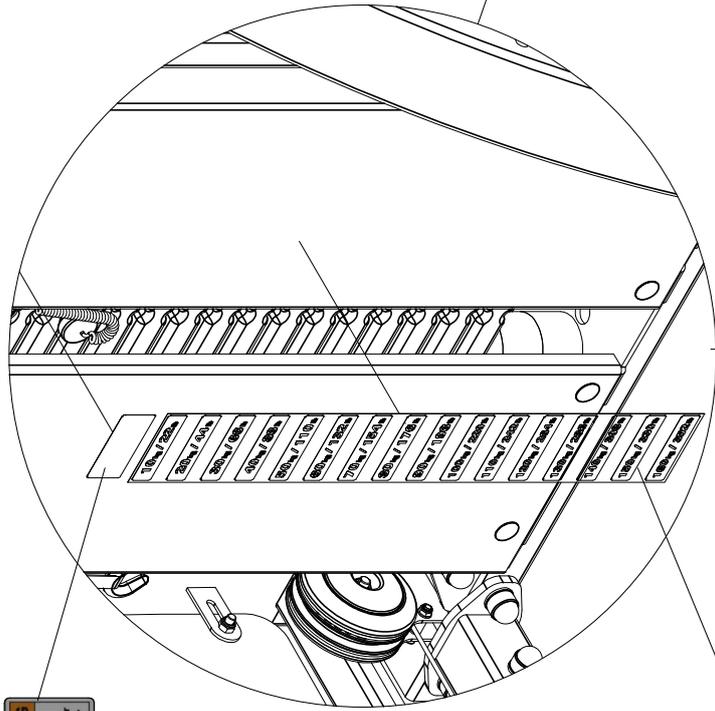
# ATTENTION !!!

## REMEMBER ABOUT SLEEVES



Screw all covers to the machine  
as shown by figure

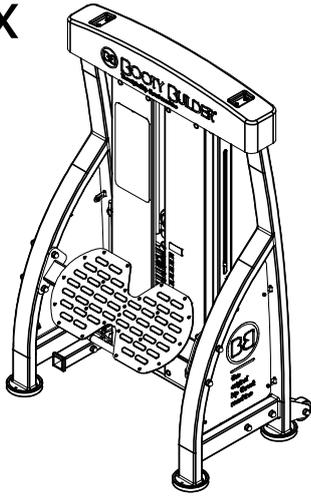




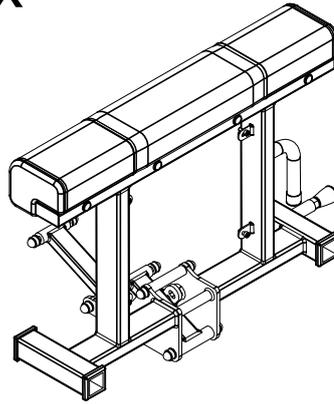
<b>10 kg / 22 lb</b>	<b>20 kg / 44 lb</b>	<b>30 kg / 66 lb</b>	<b>40 kg / 88 lb</b>	<b>50 kg / 110 lb</b>	<b>60 kg / 132 lb</b>	<b>70 kg / 154 lb</b>	<b>80 kg / 176 lb</b>	<b>90 kg / 198 lb</b>	<b>100 kg / 220 lb</b>	<b>110 kg / 242 lb</b>	<b>120 kg / 264 lb</b>	<b>130 kg / 286 lb</b>	<b>140 kg / 308 lb</b>	<b>150 kg / 330 lb</b>	<b>160 kg / 352 lb</b>
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# PALETTE CONTENT

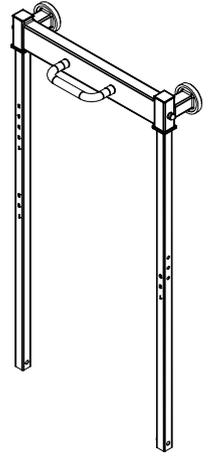
1x



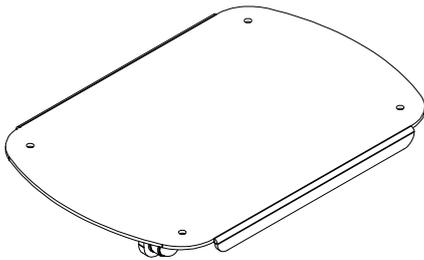
1x



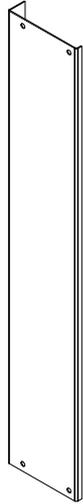
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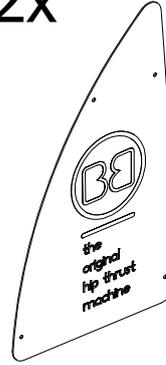
1x



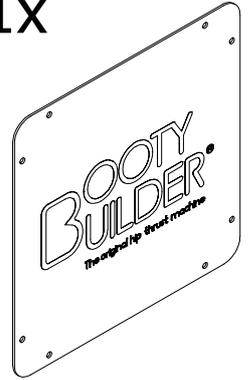
4x



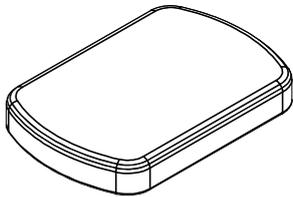
2x



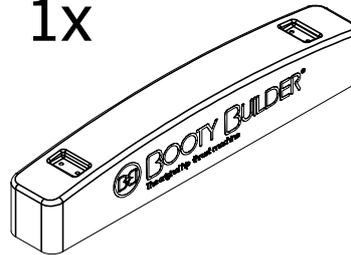
1x



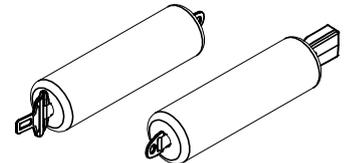
1x



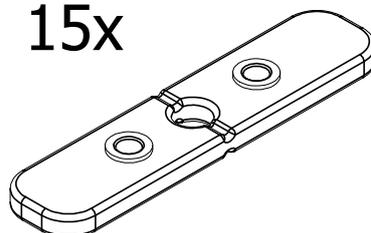
1x



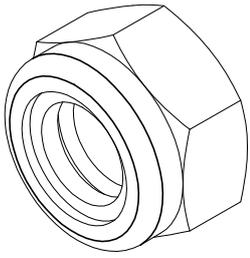
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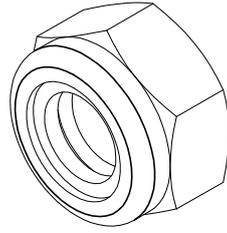
15x



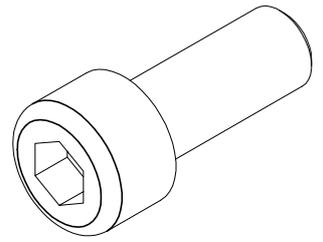
# PARTS



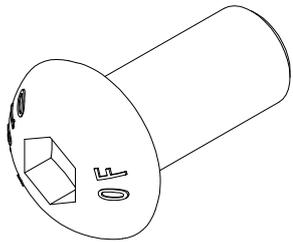
LOCKNUT M12  
x6



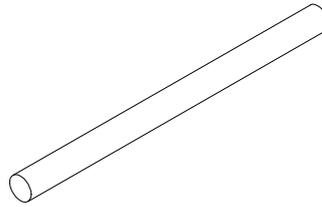
LOCKNUT M8  
x12  
(IN BAG)



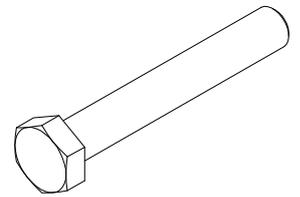
IMB M8x20  
x12  
(IN BAG)



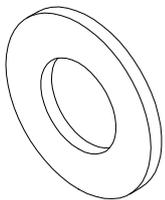
IMB SPH M10x20  
x4  
(IN BAG)



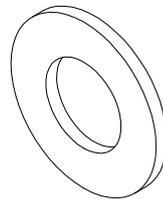
ROD M12  
x2



HEX BOLT M12x80  
x2



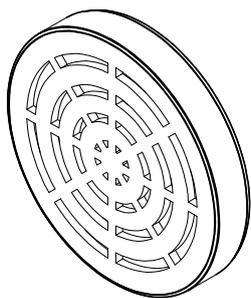
WASHER M12  
x8



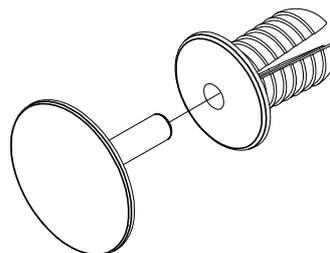
WASHER M12x1  
x4



END CAP M12  
x6  
(IN BAG)



RUBBER COVER Ø150  
x4



FASTENER  
x16  
(IN BAG)



SELECTOR  
x1